

HOW TO LOVE LIKE JESUS...

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"HOW TO LOVE LIKE JESUS...TODAY"

INTRODUCTION

Love is something everyone talks about. But, in real life, it's not always easy.

It's easy to love people who agree with you and treat you well. It's simple to love when life feels calm and predictable. But what about when it doesn't?

- When people are arguing constantly
- When you strongly disagree with someone
- When someone has hurt you
- When you're exhausted and have nothing left to give...

That's when love becomes complicated. If we only view love through the lens of the world around us, it can start to feel confusing, exhausting, or even impossible. Jesus reshaped our understanding of love completely; not just through His teaching, but through the way He lived and treated people every day.

He didn't just talk about love. He exemplified it. He showed love clearly and consistently. He loved people who were difficult, broken, overlooked, and even those who rejected Him. He completely raised the standard for what love is.

In John 13:34, He said: *"Love one another. As I have loved you..."* This raises an important question: **What would it actually look like to love like that – like Jesus – today?**

WHO THIS STUDY IS FOR?

This study is for anyone desiring to grow in their understanding of what it means to love and treat others the way you want to be treated.

If you're a follower of Jesus, this is an opportunity to reflect on your life and ask: *"Am I really loving the way He called me to?"*

You may not yet call yourself a Christian. Perhaps you are seeking the right path for your life and looking for a better way to live and relate to others. If so, this study is for you, too. We believe you will find encouragement, wisdom, and practical help within these pages and in God's Word.

The way Jesus loved people is worth understanding, no matter who you are. It's honest. It's challenging. And it has the power to change how we live, how we treat others, and how we experience life.

WHAT YOU'LL DISCOVER

Each week, we'll take a real-life situation and ask: "How do I love like Jesus...here?" Not in theory. Not in arbitrary terms or in the most ideal of conditions. But in the middle of real life:

- When everyone is fighting
- When you strongly disagree
- When people are in need
- When you have to say no
- When you're running on empty
- When you've been hurt

"HOW TO LOVE LIKE JESUS...TODAY"

CONTINUED

HOW TO USE THIS STUDY

Each section of this devotional study is designed to coordinate with one of eight video lessons in the “How to Love Like Jesus” series. There are 8 total sections of the workbook, organized by weeks (Week 1, Week 2, etc.). Within each week, you’ll find daily lessons containing a short devotional thought, daily scripture and reflection thoughts, journal prompts, and a quick prayer prompt. Though designed to complete one section each week, move at your own pace. There is no need to rush. Take time to read, pray, and reflect deeply. If you’re studying with a group, be sure to check out the additional “Small Group Discussion Guide” in the back of the workbook, and allow space for discussion and shared insight.

SUGGESTED RHYTHM

- Tune in for the weekly video release each Sunday and read the Main Devotional for the week.
- Read and complete one journal entry each weekday.
- Use reflection questions and journal space to engage with Scripture personally.
- Spend the weekend reviewing your notes and praying, with the help of the weekly prayer prompt and practice.
- Don’t rush—allow God’s Word to speak to your heart at His pace.

Our prayer is that this study does more than inform you. We pray it **transforms** you; shapes you, draws you closer to Jesus, anchors you in His truth, and equips you to live life under His guidance and in closer relationship to Him.

You don’t have to have everything figured out to begin. Just come with a soft heart, willing to learn and grow. Learning to love like Jesus might be one of the most important things you ever do. *Because loving like Jesus doesn’t just change others—it changes you.*

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WEEK 1 - SCRIPTURES

Proverbs 15:1 - "A gentle answer turns away wrath, but a harsh word stirs up anger."

Proverbs 18:13 - "To answer before listening—that is folly and shame."

Proverbs 24:17 - "Do not gloat when your enemy falls; when they stumble, do not let your heart rejoice,"

Ecclesiastes 7:9 - "Do not be quickly provoked in your spirit, for anger resides in the lap of fools."

Matthew 5:9 - "Blessed are the peacemakers, for they will be called children of God."

Matthew 5:43-48 - ⁴³ "You have heard that it was said, 'Love your neighbor and hate your enemy.' ⁴⁴ But I tell you, love your enemies and pray for those who persecute you, ⁴⁵ that you may be children of your Father in heaven. He causes his sun to rise on the evil and the good, and sends rain on the righteous and the unrighteous. ⁴⁶ If you love those who love you, what reward will you get? Are not even the tax collectors doing that? ⁴⁷ And if you greet only your own people, what are you doing more than others? Do not even pagans do that? ⁴⁸ Be perfect, therefore, as your heavenly Father is perfect."

Luke 6:27-28 - ²⁷ "But to you who are listening I say: Love your enemies, do good to those who hate you, ²⁸ bless those who curse you, pray for those who mistreat you."

John 13:34 - "A new command I give you: Love one another. As I have loved you, so you must love one another."

Romans 5:8 - "But God demonstrates his own love for us in this: While we were still sinners, Christ died for us."

Romans 12:17-21 - ¹⁷ "Do not repay anyone evil for evil. Be careful to do what is right in the eyes of everyone. ¹⁸ If it is possible, as far as it depends on you, live at peace with everyone. ¹⁹ Do not take revenge, my dear friends, but leave room for God's wrath, for it is written: 'It is mine to avenge; I will repay,' says the Lord. ²⁰ On the contrary: 'If your enemy is hungry, feed him; if he is thirsty, give him something to drink. In doing this, you will heap burning coals on his head.' ²¹ Do not be overcome by evil, but overcome evil with good."

Ephesians 4:29-32 - ²⁹ "Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. ³⁰ And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. ³¹ Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice.

³² Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."

Philippians 2:1-5 - ¹ "Therefore if you have any encouragement from being united with Christ, if any comfort from his love, if any common sharing in the Spirit, if any tenderness and compassion, ² then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind. ³ Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, ⁴ not looking to your own interests but each of you to the interests of the others. ⁵ In your relationships with one another, have the same mindset as Christ Jesus:"

Colossians 3:12-14 - ¹² "Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. ¹³ Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. ¹⁴ And over all these virtues put on love, which binds them all together in perfect unity."

Colossians 4:5-6 - ⁵ "Be wise in the way you act toward outsiders; make the most of every opportunity. ⁶ Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone."

James 1:19-20 - ¹⁹ "My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, ²⁰ because human anger does not produce the righteousness that God desires."

James 3:17-18 - ¹⁷ "But the wisdom that comes from heaven is first of all pure; then peace-loving, considerate, submissive, full of mercy and good fruit, impartial and sincere. ¹⁸ Peacemakers who sow in peace reap a harvest of righteousness."

1 Peter 2:23 - "When they hurled their insults at him, he did not retaliate; when he suffered, he made no threats. Instead, he entrusted himself to him who judges justly."

1 John 4:7-11 - ⁷ "Dear friends, let us love one another, for love comes from God. Everyone who loves has been born of God and knows God. ⁸ Whoever does not love does not know God, because God is love. ⁹ This is how God showed his love among us: He sent his one and only Son into the world that we might live through him. ¹⁰ This is love: not that we loved God, but that he loved us and sent his Son as an atoning sacrifice for our sins. ¹¹ Dear friends, since God so loved us, we also ought to love one another."

WEEK 1

LOVE LIKE JESUS... WHEN EVERYONE IS FIGHTING



Before beginning Part 1,
watch the **first** video in the
"How to Love Like Jesus"
series playlist on the
**KYB - Know Your Bible
YouTube Channel.**

[www.youtube.com/
@KYB-Know-Your-Bible](http://www.youtube.com/@KYB-Know-Your-Bible)

We live in a world full of conflict. Everywhere we turn, people are arguing, divided, and attacking each other, even sometimes within our own families and homes. But Jesus calls His followers to respond differently. Instead of escalating conflict or withdrawing from it, Jesus teaches us how to become peacemakers who reflect His love.

In John 13:34, Jesus says:

"Love one another... just as I have loved you."

That raises an important question:

What does it actually look like to love like Jesus in a world where everyone is fighting?

This week, we'll explore how Jesus calls us to love in situations of conflict, challenging us not just to love those who return that love, but our enemies as well. Because in a world full of conflict, Godly love might be the thing that stands out most.

THIS WEEK'S SITUATION

You're scrolling social media and see a post that immediately frustrates you.

Someone is angry, divisive, or spreading something you strongly disagree with. Your first instinct is to react.

What does it look like to love like Jesus in that moment?

“

**Blessed are the peacemakers,
for they will be called children of God.**

MATTHEW 5:9

”

HOW TO LOVE LIKE JESUS... WHEN EVERYONE IS FIGHTING

DAY 1 / LOVE AS COMMANDED

A new command I give you: Love one another. As I have loved you, so you must love one another.

JOHN 13:34

Jesus didn't just tell His followers to love. He showed us *how* to love. "*Just as I have loved you.*" That raises the standard. This isn't about loving people who are easy to love. It's about loving people the way Jesus did—even when it's difficult.

That matters because conflict often brings out the worst in us. We become frustrated and defensive. Jesus calls us to respond differently; with patience and grace, reflecting His character to those around us.

ADDITIONAL SCRIPTURES

- 1 John 4:7-11
- Romans 5:8
- Colossians 3:12-14

REFLECTION QUESTIONS

- 1 Who is hardest for you to love right now?
- 2 How does Jesus' example challenge the way you respond to difficult people?



JOURNAL

Write about a relationship or situation where loving like Jesus feels especially difficult right now.



PRAYER

"God, help me to love others the way You have loved me."

HOW TO LOVE LIKE JESUS... WHEN EVERYONE IS FIGHTING

DAY 2 / BE PEACEMAKERS

 **Blessed are the
peacemakers,
for they will be called
children of God.**

MATTHEW 5:9

Jesus doesn't call us to avoid conflict. He calls us to bring peace into it. When conflicts arise, our instinct is often to react quickly and defend ourselves. But, again, Jesus calls His followers to respond differently - to be peacemakers.

As followers of Jesus, we are called to respond to situations of tension with grace and compassion; to bring healing into difficult situations.

ADDITIONAL SCRIPTURES

- Romans 12:18
- James 3:17–18
- Proverbs 15:1

REFLECTION QUESTIONS

- 1** Do you tend to escalate conflict or avoid it?
- 2** What would becoming a peacemaker look like in your everyday life?



JOURNAL

Describe a recent conflict and how you responded. What could have looked more like Jesus?



PRAYER

“Lord, teach me how to better bring about peace in my daily interactions.”

HOW TO LOVE LIKE JESUS... WHEN EVERYONE IS FIGHTING

DAY 3 / LOVE ENEMIES

But to you who are listening I say: Love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you.

LUKE 6:27-28

Jesus calls us to do something incredibly difficult: love our enemies. He teaches us to pray, bless, and do good even to those who wrong us.

That does not mean ignoring truth or pretending wrong is right. It means refusing to let hatred control our hearts. Jesus modeled this perfectly, even while suffering on the cross.

ADDITIONAL SCRIPTURES

- Matthew 5:43-48
- Romans 12:20-21
- Proverbs 24:17

REFLECTION QUESTIONS

- 1 Who feels like an “enemy” to you right now?
- 2 What might change if you began praying for them?



JOURNAL Write a prayer for someone you’ve been struggling with.



PRAYER

“Jesus, help me love people better, especially those I struggle with.”

HOW TO LOVE LIKE JESUS...

WHEN EVERYONE IS FIGHTING

DAY 4 | LISTEN ACTIVELY

My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, because human anger does not produce the righteousness that God desires.

JAMES 1:19-20

Many conflicts escalate because people stop listening. Instead of understanding others, we begin instead to focus on defending ourselves.

Jesus practiced the art of listening before speaking. Listening does not necessarily mean agreement, but it does communicate to others our respect and care. When we become quick to listen and slow to speak, we reflect the wisdom of Christ.

ADDITIONAL SCRIPTURES

- Proverbs 18:13
- Colossians 4:5-6
- Ecclesiastes 7:9

REFLECTION QUESTIONS

- 1 Are you more focused on understanding people or proving your point?
- 2 How could better listening improve your relationships?



JOURNAL

Think about a conversation where you reacted too quickly. How might listening more carefully have changed the outcome?



PRAYER

“Lord, help me be quick to listen and slow to speak.”

HOW TO LOVE LIKE JESUS... WHEN EVERYONE IS FIGHTING

DAY 5 / REFLECT JESUS

When they hurled their insults at him, he did not retaliate; when he suffered, he made no threats. Instead, he entrusted himself to him who judges justly.

1 PETER 2:23

Jesus experienced hostility, criticism, injustice, and betrayal. He was mocked, rejected, falsely accused, and ultimately crucified. Yet even in the middle of that suffering, He did not respond with cruelty or revenge. Instead, He trusted the Father completely.

Loving like Jesus in conflict means choosing restraint, trust, and love. That is the example He gave us.

ADDITIONAL SCRIPTURES

- Romans 12:17-21
- Ephesians 4:29-32
- Philippians 2:1-5

REFLECTION QUESTIONS

- 1** How do you usually respond when attacked or criticized?
- 2** How could you respond with more grace and wisdom?



JOURNAL

Write about an area where God is calling you to begin responding differently.



PRAYER

“Jesus, help me reflect Your character in every situation, especially in difficult moments.”



WEEK WRAP-UP

HEART CHECK

What did God teach you this week about peacemaking and conflict? Where do you sense He is asking you to grow or respond differently?

INSTEAD OF THIS...

-  Reacting quickly
-  Attacking others
-  Escalating conflict
-  Proving a point



CHOOSE THIS...

-  Patience
-  Grace
-  Peace
-  Love



THIS WEEK'S PRACTICE

Choose one conflict this week and intentionally respond differently. Pause before speaking. Lower your tone. Ask questions. Pray before responding.

FINAL THOUGHT & PRAYER

Loving like Jesus in a world full of conflict isn't easy - but it is powerful. When you choose peace, patience, and love, you stand out because you reflect Jesus.

*"God, in a world full of conflict, help me be someone who brings peace.
Help me love like Jesus, even when it's hard."*

WEEK 2 - SCRIPTURES

Genesis 1:27

"So God created mankind in his own image, in the image of God he created them; male and female he created them."

Proverbs 16:24

"Gracious words are a honeycomb, sweet to the soul and healing to the bones."

Proverbs 18:2

"Fools find no pleasure in understanding but delight in airing their own opinions."

Proverbs 18:13

"To answer before listening—that is folly and shame."

Proverbs 19:11

"A person's wisdom yields patience; it is to one's glory to overlook an offense."

Matthew 5:43-44

⁴³ *"You have heard that it was said, 'Love your neighbor[a] and hate your enemy.' ⁴⁴ But I tell you, love your enemies and pray for those who persecute you,"*

Luke 6:27-31

²⁷ *"But to you who are listening I say: Love your enemies, do good to those who hate you, ²⁸ bless those who curse you, pray for those who mistreat you. ²⁹ If someone slaps you on one cheek, turn to them the other also. If someone takes your coat, do not withhold your shirt from them. ³⁰ Give to everyone who asks you, and if anyone takes what belongs to you, do not demand it back. ³¹ Do to others as you would have them do to you."*

Luke 23:34

"Jesus said, 'Father, forgive them, for they do not know what they are doing.' And they divided up his clothes by casting lots."

John 1:14

"The Word became flesh and made his dwelling among us. We have seen his glory, the glory of the one and only Son, who came from the Father, full of grace and truth."

John 13:34-35

³⁴ *"A new command I give you: Love one another. As I have loved you, so you must love one another. ³⁵ By this everyone will know that you are my disciples, if you love one another."*

Romans 15:7

"Accept one another, then, just as Christ accepted you, in order to bring praise to God."

1 Corinthians 13:4-7

⁴ *"Love is patient, love is kind. It does not envy, it does not boast, it is not proud. ⁵ It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. ⁶ Love does not delight in evil but rejoices with the truth. ⁷ It always protects, always trusts, always hopes, always perseveres."*

Ephesians 4:15

"Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ."

Philippians 2:3-4

³ *"Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, ⁴ not looking to your own interests but each of you to the interests of the others."*

Colossians 4:6

"Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone."

1 Thessalonians 5:15

"Make sure that nobody pays back wrong for wrong, but always strive to do what is good for each other and for everyone else."

2 Timothy 2:24-25

²⁴ *"And the Lord's servant must not be quarrelsome but must be kind to everyone, able to teach, not resentful. ²⁵ Opponents must be gently instructed, in the hope that God will grant them repentance leading them to a knowledge of the truth,"*

James 1:19

"My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry,"

WEEK 2

WHEN I STRONGLY DISAGREE



Before beginning Part 2, watch the **second** video in the "How to Love Like Jesus" series playlist on the KYB - Know Your Bible YouTube Channel.

www.youtube.com/@KYB-Know-Your-Bible

We are emotional and opinionated people, so disagreement is simply part of life. We see it everywhere—online, at work, in our communities, and sometimes even within our closest relationships. And often, those disagreements quickly become personal, emotional, and divisive.

As followers of Jesus, we are called to respond differently. In Matthew 5:44, Jesus says: *"Love your enemies and pray for those who persecute you."*

That's difficult. When someone strongly disagrees with you, challenges you, or hurts you, love is usually not your first instinct. Instead, we often prepare for battle. We stop seeing people as human beings made in the image of God and begin treating them like opponents.

Jesus calls us to something higher. And His words are not merely a suggestion or a good idea—they are a command. More importantly, Jesus didn't just teach this kind of love; He lived it. Even when He was rejected, criticized, betrayed, and crucified, He continued to respond with grace, truth, and compassion.

So the question becomes: **What does it look like to love like Jesus...when I strongly disagree?**

This week, we'll explore how to navigate disagreement with truth, humility, patience, and love—just like Jesus did.

THIS WEEK'S SITUATION

You're in a conversation with someone, and they say something you strongly disagree with. Maybe it's about politics, faith, or something personal. You feel frustration rising immediately and you want to respond.

What do you do in that moment? Do you push back? Argue? Stay quiet to avoid tension? Determine the Christlike response.

“ You have heard that it was said, ‘Love your neighbor and hate your enemy.’ But I tell you, love your enemies and pray for those who persecute you.

MATTHEW 5:43-44



HOW TO LOVE LIKE JESUS... WHEN I STRONGLY DISAGREE

DAY 1 / LOVE DIFFERENTLY

But I tell you, love your enemies and pray for those who persecute you.

MATTHEW 5:44

Most people naturally love those who agree with them and avoid those who frustrate them. Jesus commands His followers to love differently. He teaches us to love even those who oppose us, criticize us, or make life difficult. That kind of love goes against our instincts.

Loving like Jesus does not mean compromising truth. It means refusing to let disagreement turn into bitterness, pride, or hatred. When we respond with humility and grace, people see something different in us.

ADDITIONAL SCRIPTURES

- Luke 6:27-31
- John 13:34-35
- 1 Corinthians 13:4-7

REFLECTION QUESTIONS

- 1** Why is it difficult to love people who disagree with you?
- 2** What emotions rise in you during disagreement?



JOURNAL

Write about a recent disagreement that challenged your ability to love well and what God taught you through that interaction.



PRAYER

“God, teach me to love people even when disagreement feels personal.”

HOW TO LOVE LIKE JESUS... WHEN I STRONGLY DISAGREE

DAY 2 | SEE SOULS

 Jesus said, “Father, forgive them, for they do not know what they are doing.” And they divided up his clothes by casting lots.

LUKE 23:34

Even while suffering on the cross, Jesus chose compassion. He did not view his persecutors as enemies, but as souls in need of grace. What if we saw people that way?

Instead of responding with hatred or revenge, our goal should be mercy and forgiveness. When we begin to see and treat people the way Jesus did, it will change how we respond, even in the most difficult moments.

ADDITIONAL SCRIPTURES

- Genesis 1:27
- Romans 15:7
- 1 Thessalonians 5:15

REFLECTION QUESTIONS

- 1** Do you see difficult people as opponents or people made in God’s image?
- 2** How would your responses change if you remembered Gen. 1:27 more often?



JOURNAL

Think about someone you struggle to love well. What might God want you to understand about them?



PRAYER

“Lord, help me see others through Your eyes.”

HOW TO LOVE LIKE JESUS... WHEN I STRONGLY DISAGREE

DAY 3 / LISTEN WELL

My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, because human anger does not produce the righteousness that God desires.

JAMES 1:19

Many arguments continue because people don't feel heard. Instead of truly listening, we are busy preparing our next response. Love listens *first*. Listening carefully is one of the most loving things we can do as it shows you care enough to understand.

Jesus took the time to understand people's hearts before speaking into their struggles. When we slow down and genuinely listen, we create space for better conversation and deeper connection.

ADDITIONAL SCRIPTURES

- Proverbs 18:2
- Proverbs 18:13
- Colossians 4:6

REFLECTION QUESTIONS

- 1 Do you usually listen, or prepare your response, while others speak?
- 2 How could listening more carefully strengthen your relationships?



JOURNAL

Describe one relationship where listening better could make a difference right now.



PRAYER

"God, make me quick to listen and slow to speak."

HOW TO LOVE LIKE JESUS... WHEN I STRONGLY DISAGREE

DAY 4 | SPEAK TRUTH

Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ.

EPHESIANS 4:15

Jesus never sacrificed truth. He also never used truth harshly. He embodied truth and grace *together*.

Some people speak truth without compassion, while others avoid truth completely. Jesus, again, showed us a better way. As His followers, we are called to speak with both conviction and compassion.

ADDITIONAL SCRIPTURES

- John 1:14
- Proverbs 16:24
- 2 Timothy 2:24-25

REFLECTION QUESTIONS

- 1 Do you tend to prioritize truth or kindness?
- 2 What would it look like to hold both together?



JOURNAL

Where do you sense God challenging the way you communicate with others?



PRAYER

“Jesus, help me to reflect both truth and grace in my interactions with others.”

HOW TO LOVE LIKE JESUS... WHEN I STRONGLY DISAGREE

DAY 5 / CHOOSE LOVE

 Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others.

PHILIPPIANS 2:3-4

It's easy to turn disagreements into competitions. We want to prove ourselves right and win the argument...

Jesus did not call us to defeat people. He called us to love them. Philippians 2 reminds us to approach others with humility and the mindset of Christ. Loving like Jesus means caring more about people than proving our point.

ADDITIONAL SCRIPTURES

- Romans 12:18
- 1 Corinthians 13:4-7
- Proverbs 19:11

REFLECTION QUESTIONS

- 1** Do you feel the need to win arguments?
- 2** What would it look like to choose love instead?



JOURNAL

What is Jesus teaching you about valuing people more than winning arguments?



PRAYER

“God, help me to value people the way you do and choose love over winning.”



WEEK WRAP-UP

HEART CHECK

What did God teach you this week about disagreement, humility, and the way you speak to others?

INSTEAD OF THIS...

-  Reacting
-  Attacking
-  Pride
-  Winning



CHOOSE THIS...

-  Listening
-  Humility
-  Grace
-  Love



THIS WEEK'S PRACTICE

During your next disagreement, try pausing before you respond. Ask one sincere question and focus on understanding the other person's response before speaking.

FINAL THOUGHT & PRAYER

Disagreement doesn't have to lead to division. When we choose to love like Jesus, we reflect something much better. We show the world what grace, humility, and truth can look like together.

"God, help me respond with love when I disagree. Give me wisdom, patience, and humility to reflect Jesus in every conversation."

WEEK 3 - SCRIPTURES

Proverbs 16:23 - *"The hearts of the wise make their mouths prudent, and their lips promote instruction."*

Mark 2:17 - *"On hearing this, Jesus said to them, 'It is not the healthy who need a doctor, but the sick. I have not come to call the righteous, but sinners.'"*

Mark 10:17-21

¹⁷ *"As Jesus started on his way, a man ran up to him and fell on his knees before him. 'Good teacher,' he asked, 'what must I do to inherit eternal life?'"* ¹⁸ *"Why do you call me good?" Jesus answered. "No one is good—except God alone. ¹⁹ You know the commandments: 'You shall not murder, you shall not commit adultery, you shall not steal, you shall not give false testimony, you shall not defraud, honor your father and mother.'"*

²⁰ *"Teacher," he declared, "all these I have kept since I was a boy."* ²¹ *Jesus looked at him and loved him. "One thing you lack," he said. "Go, sell everything you have and give to the poor, and you will have treasure in heaven. Then come, follow me."*

Luke 5:27-32

²⁷ *After this, Jesus went out and saw a tax collector by the name of Levi sitting at his tax booth. "Follow me," Jesus said to him, ²⁸ and Levi got up, left everything and followed him. ²⁹ Then Levi held a great banquet for Jesus at his house, and a large crowd of tax collectors and others were eating with them. ³⁰ But the Pharisees and the teachers of the law who belonged to their sect complained to his disciples, "Why do you eat and drink with tax collectors and sinners?" ³¹ Jesus answered them, "It is not the healthy who need a doctor, but the sick. ³² I have not come to call the righteous, but sinners to repentance."*

John 1:14 *"The Word became flesh and made his dwelling among us. We have seen his glory, the glory of the one and only Son, who came from the Father, full of grace and truth."*

John 3:16-17

¹⁶ *"For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. ¹⁷ For God did not send his Son into the world to condemn the world, but to save the world through him."*

John 4:29 - *"Come, see a man who told me everything I ever did. Could this be the Messiah?"*

John 8:1-11

¹ *"but Jesus went to the Mount of Olives. ² At dawn he appeared again in the temple courts, where all the people gathered around him, and he sat down to teach them. ³ The teachers of the law and the Pharisees brought in a woman caught in adultery. They made her stand before the group ⁴ and said to Jesus, 'Teacher, this woman was caught in the act of adultery. ⁵ In the Law Moses commanded us to stone such women. Now what do you say?' ⁶ They were using this question as a trap, in order to have a basis for accusing him. But Jesus bent down and started to write on the ground with his finger. ⁷ When they kept on questioning him, he straightened up and said to them, 'Let any one of you who is without sin be the first to throw a stone at her.' ⁸ Again he stooped down and wrote on the ground. ⁹ At this, those who heard began to go away one at*

a time, the older ones first, until only Jesus was left, with the woman still standing there. ¹⁰ Jesus straightened up and asked her, 'Woman, where are they? Has no one condemned you?' ¹¹ 'No one, sir,' she said. 'Then neither do I condemn you,' Jesus declared. 'Go now and leave your life of sin.'"

Acts 17:30

"In the past God overlooked such ignorance, but now he commands all people everywhere to repent."

Romans 2:4

"Or do you show contempt for the riches of his kindness, forbearance and patience, not realizing that God's kindness is intended to lead you to repentance?"

Romans 5:8

"But God demonstrates his own love for us in this: While we were still sinners, Christ died for us."

1 Corinthians 13:6

"Love does not delight in evil but rejoices with the truth."

2 Corinthians 5:20

"We are therefore Christ's ambassadors, as though God were making his appeal through us. We implore you on Christ's behalf: Be reconciled to God."

Galatians 6:1

"Brothers and sisters, if someone is caught in a sin, you who live by the Spirit should restore that person gently. But watch yourselves, or you also may be tempted."

Ephesians 5:15-17

¹⁵ *"Be very careful, then, how you live—not as unwise but as wise, ¹⁶ making the most of every opportunity, because the days are evil. ¹⁷ Therefore do not be foolish, but understand what the Lord's will is."*

Philippians 2:3-5

³ *"Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, ⁴ not looking to your own interests but each of you to the interests of the others. ⁵ In your relationships with one another, have the same mindset as Christ Jesus:"*

Colossians 3:12

"Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience."

Titus 2:11-12

¹¹ *"For the grace of God has appeared that offers salvation to all people. ¹² It teaches us to say 'No' to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age,"*

James 3:17

But the wisdom that comes from heaven is first of all pure; then peace-loving, considerate, submissive, full of mercy and good fruit, impartial and sincere.

WEEK 3

LOVE LIKE JESUS... WITHOUT APPROVING OF OTHERS' ACTIONS



Before beginning Part 3, watch the **third** video in the "How to Love Like Jesus" series playlist on the **KYB - Know Your Bible YouTube Channel**.

www.youtube.com/@KYB-Know-Your-Bible

One of the hardest tensions Christians face today is learning how to genuinely love people without compromising biblical truth.

We want to love people well, but we don't always agree with the choices they're making. And in today's culture, love is often defined as acceptance.

So, it can feel like we're forced to choose between speaking up and being perceived as unloving, or staying silent and compromising our principles.

When we look at how Jesus handled these situations, a better option emerges.

In John 1:14, we're told that Jesus came "*full of grace and truth*."

Not one or the other. Both.

So the question we seek to answer this week is:
What does it look like to love like Jesus without approving of what someone is doing?

You don't have to choose between loving people and being truthful with them. This week, we'll learn how to hold truth and love together, just like Jesus did.

THIS WEEK'S SITUATION

Someone you care about is making choices that are sinful or harmful. You want to love them well, but you also don't want to pretend these choices are okay. If you say something, the relationship might be damaged. If you don't, it feels like you're pretending it's okay.

How do you respond like Jesus?

“

**Then neither do I condemn you, Jesus declared.
Go now and leave your life of sin.**

JOHN 8:11B

”

HOW TO LOVE LIKE JESUS...

WITHOUT APPROVING OF OTHERS' ACTIONS

DAY 1 / LEAD GENTLY

 Jesus said to them, “It is not the healthy who need a doctor, but the sick. I have not come to call the righteous, but sinners.

MARK 2:17

Jesus spent time with broken and sinful people, not because He approved of sin, because He loved people deeply. In fact, God’s love for humanity is exactly why Jesus came into the world in the first place.

Jesus loved those others may have considered difficult, unworthy, or beyond hope. He showed compassion while pointing them forward toward a better way. Loving like Jesus means showing that same balance of compassion with uncompromised truth.

ADDITIONAL SCRIPTURES

- Luke 5:27-32
- Romans 5:8
- John 3:16-17

REFLECTION QUESTIONS

- 1** Why is it difficult to balance love and truth?
- 2** Do you tend to lean more toward compromise or harshness when responding to others?



JOURNAL

What is one situation where God is telling you to seek His wisdom in order to show both grace *and* truth.



PRAYER

“Jesus, help me love all people the way You do.”

HOW TO LOVE LIKE JESUS...

WITHOUT APPROVING OF OTHERS' ACTIONS

DAY 2 | SPEAK TRUTH WITH GRACE

“Jesus straightened up and asked her, “Woman, where are they? Has no one condemned you?” “No one, sir,” she said. “Then neither do I condemn you,” Jesus declared. “Go now and leave your life of sin.”

JOHN 8:11

Jesus protected the woman caught in adultery from condemnation, while at the same time calling her to leave her sin behind. He showed compassion without pretending her sin didn't exist or did not matter.

Jesus did not shame her, ignore her, or excuse her actions. Instead, He spoke truth in a way that preserved dignity and invited change. In order for us to love like Jesus, we also must care about both people and truth.

ADDITIONAL SCRIPTURES

- John 4
- John 8:1-11
- Mark 10:17-21

REFLECTION QUESTIONS

- 1 Are there people you're currently avoiding because of their choices?
- 2 How can compassion open the door for truth?



JOURNAL

Describe a relationship God is calling you to approach with greater compassion.



PRAYER

“God, help me learn to reflect both grace and truth.”

HOW TO LOVE LIKE JESUS...

WITHOUT APPROVING OF OTHERS' ACTIONS

DAY 3 / BE HUMBLE

Brothers and sisters, if someone is caught in a sin, you who live by the Spirit should restore that person gently. But watch yourselves, or you also may be tempted.

GALATIANS 6:1

Sometimes, while attempting to rightly speak truth, we do so in ways that sound prideful or harsh. Jesus teaches us to approach people with humility, patience, and compassion.

We are called to help restore people gently, remembering that we also continually need God's grace in our own lives. Humility changes not only what we say but also how we say it, which helps us better reflect the heart of Jesus.

ADDITIONAL SCRIPTURES

- Philippians 2:3-5
- Colossians 3:12
- James 3:17

REFLECTION QUESTIONS

- 1 Does the way you speak to others generally reflect humility and grace?
- 2 How can remembering your own need for grace affect the way you treat others?



JOURNAL

Write about an area where God may be calling you to practice greater humility.



PRAYER

“Lord, help me speak truth in a manner that is both gentle and humble.”

HOW TO LOVE LIKE JESUS...

WITHOUT APPROVING OF OTHERS' ACTIONS

DAY 4 / POINT TO JESUS

 Come, see a man who told me everything I ever did. Could this be the Messiah?

JOHN 4:29

Jesus did not avoid difficult conversations. He always kept His focus on helping people move closer to God.

He saw people as souls in need of hope, healing, and transformation.

Loving like Jesus means caring more about leading people toward Christ than proving ourselves right.

ADDITIONAL SCRIPTURES

- Proverbs 16:23
- Ephesians 5:15-17
- 2 Corinthians 5:20

REFLECTION QUESTIONS

- 1** When conflict happens, are you more focused on being understood or helping others see Jesus?
- 2** How can you better reflect Jesus when someone is living contrary to His ways?



JOURNAL

Write about a situation where you want to lovingly encourage someone toward Christ.



PRAYER

“Jesus, help me always be focused on leading people toward You.”

HOW TO LOVE LIKE JESUS...

WITHOUT APPROVING OF OTHERS' ACTIONS

DAY 5 / ENCOURAGE CHANGE

Or do you show contempt for the riches of his kindness, forbearance and patience, not realizing that God's kindness is intended to lead you to repentance?

ROMANS 2:4

God's kindness is meant to lead people toward repentance. You cannot love like Christ, or lead others to Him, by ignoring sin.

Jesus loved people enough to tell them the truth while still treating them with compassion. As followers of Christ, we are called to love in the same way.

ADDITIONAL SCRIPTURES

- 1 Corinthians 13:6
- Titus 2:11-12
- Acts 17:30

REFLECTION QUESTIONS

- 1 Why is truth without love damaging?
- 2 Why is love without truth incomplete?



JOURNAL

Reflect on how Jesus has shown both grace and truth in your own life.



PRAYER

"God, help me love others in a way that reflects You clearly and makes others desire to know You, too."



WEEK WRAP-UP

HEART CHECK

What did God teach you this week about balancing grace and truth?

INSTEAD OF THIS...

-  Compromise
-  Harshness
-  Pride
-  Condemnation



CHOOSE THIS...

-  Truth
-  Compassion
-  Humility
-  Restoration



THIS WEEK'S PRACTICE

Look for one opportunity this week to speak truth to someone who needs it, then do so with both kindness and wisdom.

FINAL THOUGHT & PRAYER

As Jesus is full of both grace and truth, loving like Him means we must also embrace and use both grace and truth. Loving like Jesus means seeing people clearly and loving them anyway, then walking beside them toward something better.

“Jesus, help me love others the way You do—with grace, truth, and compassion. Give me wisdom to know when to speak and how to speak.”

WEEK 4 - SCRIPTURES

Psalms 119:160

"All your words are true; all your righteous laws are eternal."

Proverbs 15:1

"A gentle answer turns away wrath, but a harsh word stirs up anger."

Proverbs 16:24

"Gracious words are a honeycomb, sweet to the soul and healing to the bones."

Proverbs 26:4-5

⁴ "Do not answer a fool according to his folly, or you yourself will be just like him. ⁵ Answer a fool according to his folly, or he will be wise in his own eyes."

Isaiah 5:20

"Woe to those who call evil good and good evil, who put darkness for light and light for darkness, who put bitter for sweet and sweet for bitter."

Matthew 5:16

"In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven."

John 1:14

"The Word became flesh and made his dwelling among us. We have seen his glory, the glory of the one and only Son, who came from the Father, full of grace and truth."

John 2:13-17

¹³ "When it was almost time for the Jewish Passover, Jesus went up to Jerusalem. ¹⁴ In the temple courts he found people selling cattle, sheep and doves, and others sitting at tables exchanging money. ¹⁵ So he made a whip out of cords, and drove all from the temple courts, both sheep and cattle; he scattered the coins of the money changers and overturned their tables. ¹⁶ To those who sold doves he said, "Get these out of here! Stop turning my Father's house into a market!" ¹⁷ His disciples remembered that it is written: "Zeal for your house will consume me."

John 17:17

"Sanctify them by[a] the truth; your word is truth."

Romans 12:9

"Love must be sincere. Hate what is evil; cling to what is good."

1 Corinthians 13:6

"Love does not delight in evil but rejoices with the truth."

Galatians 1:10

"Am I now trying to win the approval of human beings, or of God? Or am I trying to please people? If I were still trying to please people, I would not be a servant of Christ."

Ephesians 4:29

"Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen."

Philippians 2:14-15

¹⁴ "Do everything without grumbling or arguing, ¹⁵ so that you may become blameless and pure, 'children of God without fault in a warped and crooked generation.' Then you will shine among them like stars in the sky"

Colossians 3:12

"Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience."

2 Timothy 2:24-25

²⁴ "And the Lord's servant must not be quarrelsome but must be kind to everyone, able to teach, not resentful. ²⁵ Opponents must be gently instructed, in the hope that God will grant them repentance leading them to a knowledge of the truth,"

2 Timothy 3:16-17

¹⁶ "All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, ¹⁷ so that the servant of God may be thoroughly equipped for every good work."

Titus 3:1-8

¹ "Remind the people to be subject to rulers and authorities, to be obedient, to be ready to do whatever is good, ² to slander no one, to be peaceable and considerate, and always to be gentle toward everyone. ³ At one time we too were foolish, disobedient, deceived and enslaved by all kinds of passions and pleasures. We lived in malice and envy, being hated and hating one another. ⁴ But when the kindness and love of God our Savior appeared, ⁵ he saved us, not because of righteous things we had done, but because of his mercy. He saved us through the washing of rebirth and renewal by the Holy Spirit, ⁶ whom he poured out on us generously through Jesus Christ our Savior, ⁷ so that, having been justified by his grace, we might become heirs having the hope of eternal life. ⁸ This is a trustworthy saying. And I want you to stress these things, so that those who have trusted in God may be careful to devote themselves to doing what is good. These things are excellent and profitable for everyone."

1 Peter 2:12

"Live such good lives among the pagans that, though they accuse you of doing wrong, they may see your good deeds and glorify God on the day he visits us."

3 John 1:4

"I have no greater joy than to hear that my children are walking in the truth."

WEEK 4

LOVE LIKE JESUS... WHEN SIN IS BEING CELEBRATED



Before beginning Part 4, watch the **fourth** video in the "How to Love Like Jesus" series playlist on the KYB - Know Your Bible YouTube Channel.

www.youtube.com/@KYB-Know-Your-Bible

It's one thing to love people we disagree with. It's another thing entirely when what God says is wrong is not just accepted, but celebrated.

We live in a culture where many things God calls sinful are openly celebrated and encouraged. We see it everywhere:

- in culture
- in media
- in conversations

And it creates a real tension:

- If I stay silent, am I compromising?
- If I speak up, will I come across as harsh or judgmental?

Despite how prevalent this scenario is today, it isn't a new struggle. In Isaiah 5:20, the prophet wrote: "*Woe to those who call evil good and good evil...*"

How did Jesus handle these situations? **He responded with both truth and purpose.** So, the question we are addressing this week is: **What does it look like to love like Jesus...when sin is being celebrated?**

We'll examine how to stand for truth without losing compassion, and how to reflect the heart of Jesus in a world that often rejects God's ways.

THIS WEEK'S SITUATION

You hear people celebrating something that clearly goes against God's design. You feel tension welling up inside... Should you say something? Stay quiet? Think about how Jesus would respond!

What does love look like in that moment?



Love does not delight in evil but rejoices with the truth.

1 CORINTHIANS 13:6



HOW TO LOVE LIKE JESUS...

WHEN SIN IS BEING CELEBRATED

DAY 1 | REVERE TRUTH

 Sanctify them by the truth; your word is truth.

JOHN 17:17

Truth isn't shaped by culture. It is defined by God. Real love does not ignore the truth, and it certainly does not delight in sin. While Jesus always treated people with compassion, he never celebrated sin. God's love rejoices in what is good, right, and holy.

Loving like Jesus means we don't ignore what is true, even when it's unpopular.

ADDITIONAL SCRIPTURES

- Psalm 119:160
- 2 Timothy 3:16-17
- 3 John 1:4

REFLECTION QUESTIONS

- 1 Why is truth so important in love?
- 2 Where do you feel pressure currently to compromise truth?



JOURNAL

Reflect on a time someone lovingly spoke truth into your life and how it affected your willingness to receive their message.



PRAYER

"God, help me value and learn to always hold truth and love together."

HOW TO LOVE LIKE JESUS...

WHEN SIN IS BEING CELEBRATED

DAY 2 / STAND FIRM

Woe to those who call evil good and good evil, who put darkness for light and light for darkness, who put bitter for sweet and sweet for bitter.

ISAIAH 5:20

It can feel uncomfortable to stand for what God says is right, especially when culture moves in the opposite direction.

When Jesus saw sin or corruption, He didn't ignore it. He acted. He responded with purpose, at the right time, in the right way, for the right reason. Following Jesus requires courage. We are called to remain faithful even when truth is unpopular.

ADDITIONAL SCRIPTURES

- John 2:13-17
- Romans 12:9
- Galatians 1:10

REFLECTION QUESTIONS

- 1 Where do you feel pressure to compromise in everyday life right now?
- 2 Why is courage necessary if we are going to follow Jesus?



JOURNAL Write about an area where you need courage to remain faithful.



PRAYER

“Lord, help me to know Your truths and to stand firm in them.”

HOW TO LOVE LIKE JESUS...

WHEN SIN IS BEING CELEBRATED

DAY 3 / SPEAK GRACE

 Gracious words are a honeycomb, sweet to the soul and healing to the bones.

PROVERBS 16:24

While truth matters, the way we communicate truth also matters. Harshness rarely draws people toward Jesus. In addition, not every situation requires a public response.

Discernment in knowing when and how to respond is key. Loving like Jesus means choosing moments carefully to then speak in ways that reflect His grace, wisdom, and compassionate nature.

ADDITIONAL SCRIPTURES

- Proverbs 15:1
- Proverbs 26:4-5
- Ephesians 4:29

REFLECTION QUESTIONS

- 1** Do you feel pressure to respond in every situation?
- 2** How can you grow in discernment in difficult situations?

JOURNAL

As you think about today's scripture(s), what is God revealing about the importance of the words we choose when communicating?



PRAYER

“Jesus, help my words be a reflection of your nature.”

HOW TO LOVE LIKE JESUS...

WHEN SIN IS BEING CELEBRATED

DAY 4 | CHOOSE GENTLENESS

And the Lord's servant must not be quarrelsome but must be kind to everyone, able to teach, not resentful. Opponents must be gently instructed, in the hope that God will grant them repentance leading them to a knowledge of the truth.

2 TIMOTHY 2:24-25

Sometimes Christians become so focused on defending truth that they forget compassion. Truth without love can push people away and sound harsh, arrogant, or condemning.

Jesus never used truth as a weapon to shame people or win an argument. He used it to reach people. We are called to stand for truth without becoming harsh or prideful.

ADDITIONAL SCRIPTURES

- Proverbs 16:24
- Titus 3:1-8
- Colossians 3:12

REFLECTION QUESTIONS

- 1 Why is harshness damaging?
- 2 How can humility soften hearts for hard conversations?



JOURNAL What stands out to you most about today's scripture?



PRAYER

"God, help me speak truth in all situations with gentleness and humility."

HOW TO LOVE LIKE JESUS...

WHEN SIN IS BEING CELEBRATED

DAY 5 / REFLECT CHRIST

 The Word became flesh and made his dwelling among us. We have seen his glory, the glory of the one and only Son, who came from the Father, full of grace and truth.

JOHN 1:14

Jesus was full of both grace and truth. He did not blend into and conform to the world around Him, yet people who were broken, hurting, and sinful were still drawn to Him. There was something different about the way He carried Himself, spoke, and treated others.

As followers of Jesus, our lives should reflect that same difference. The way we respond to people should point beyond ourselves and help others see the character of Christ.

ADDITIONAL SCRIPTURES

- Matthew 5:16
- Philippians 2:14–15
- 1 Peter 2:12

REFLECTION QUESTIONS

- 1** What part of Jesus' character do you most need to reflect in your relationships?
- 2** How can your words and actions reflect Jesus more clearly this week?



JOURNAL

Reflect on how you want others to experience Jesus through your life.



PRAYER

“Lord, help others see more of You in the way I respond to them.”



WEEK WRAP-UP

HEART CHECK

What did God teach you this week about standing for truth no matter what culture says?

INSTEAD OF THIS...

-  Silence
-  Harshness
-  Compromise
-  Condemnation



CHOOSE THIS...

-  Courage
-  Gentleness
-  Conviction
-  Grace-filled truth



THIS WEEK'S PRACTICE

Look for one opportunity this week to speak truth with both kindness and wisdom.

FINAL THOUGHT & PRAYER

Loving like Jesus in a world that celebrates sin isn't easy. It requires wisdom, discernment, and courage. But most of all, it requires love...the kind of love that reflects Jesus.

"God, help me stand for truth with love. Give me wisdom to respond in a way that reflects Your heart."

WEEK 5 - SCRIPTURES

Psalms 146:7-9

⁷ "He upholds the cause of the oppressed and gives food to the hungry. The Lord sets prisoners free, ⁸ the Lord gives sight to the blind, the Lord lifts up those who are bowed down, the Lord loves the righteous. ⁹ The Lord watches over the foreigner and sustains the fatherless and the widow, but he frustrates the ways of the wicked."

Proverbs 3:27

"Do not withhold good from those to whom it is due, when it is in your power to act."

Proverbs 14:21

"It is a sin to despise one's neighbor, but blessed is the one who is kind to the needy."

Ecclesiastes 4:9-10

⁹ "Two are better than one, because they have a good return for their labor: ¹⁰ If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up."

Isaiah 1:17

"Learn to do right; seek justice. Defend the oppressed. Take up the cause of the fatherless; plead the case of the widow."

Matthew 9:36

"When he saw the crowds, he had compassion on them, because they were harassed and helpless, like sheep without a shepherd."

Matthew 11:28

"Come to me, all you who are weary and burdened, and I will give you rest."

Matthew 25:40

"The King will reply, 'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.'"

Luke 10:33-34

³³ "But a Samaritan, as he traveled, came where the man was; and when he saw him, he took pity on him. ³⁴ He went to him and bandaged his wounds, pouring on oil and wine. Then he put the man on his own donkey, brought him to an inn and took care of him."

John 6:35

"Then Jesus declared, 'I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.'"

John 11:35

"Jesus wept."

Acts 3:6

"Then Peter said, 'Silver or gold I do not have, but what I do have I give you. In the name of Jesus Christ of Nazareth, walk.'"

Romans 12:15

"Rejoice with those who rejoice; mourn with those who mourn."

2 Corinthians 1:3-4

³ "Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, ⁴ who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God."

2 Corinthians 5:16

"So from now on we regard no one from a worldly point of view. Though we once regarded Christ in this way, we do so no longer."

Galatians 6:2

"Carry each other's burdens, and in this way you will fulfill the law of Christ."

Philippians 2:4

"not looking to your own interests but each of you to the interests of the others."

Hebrews 13:16

"And do not forget to do good and to share with others, for with such sacrifices God is pleased."

James 2:15-17

¹⁵ "Suppose a brother or a sister is without clothes and daily food. ¹⁶ If one of you says to them, 'Go in peace; keep warm and well fed,' but does nothing about their physical needs, what good is it? ¹⁷ In the same way, faith by itself, if it is not accompanied by action, is dead."

1 Peter 1:3-4

³ "Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead, ⁴ and into an inheritance that can never perish, spoil or fade. This inheritance is kept in heaven for you,"

WEEK 5

LOVE LIKE JESUS... WHEN PEOPLE ARE TRULY IN NEED



Need is everywhere.

Sometimes it's obvious—someone is hungry, hurting, or struggling. Other times, it's hidden—loneliness, grief, anxiety, or spiritual emptiness.

And when we see it, we often feel unsure:

- Should I help?
- What if I don't know what to do?
- What if I do the wrong thing?

Jesus consistently noticed people that others overlooked. He saw the hurting, the lonely, the poor, the grieving, and the spiritually lost. But He did more than that...

In Matthew 9:36, it says: *"When He saw the crowds, He had compassion on them..."*

Jesus didn't just notice people. He was moved by them and He moved toward them. He engaged with them in order to learn their true needs and to meet those needs.

So this week we ponder: **What does it look like to love like Jesus today...when people are truly in need?**

We'll learn how to see people the way Jesus did and to respond to them with compassion and discernment.

Before beginning Part 5, watch the **fifth** video in the "How to Love Like Jesus" series playlist on the **KYB - Know Your Bible YouTube Channel**.

[www.youtube.com/
@KYB-Know-Your-Bible](http://www.youtube.com/@KYB-Know-Your-Bible)

THIS WEEK'S SITUATION

You're out in public and see someone who clearly needs help. Maybe it's someone asking for money, or someone who looks lost, lonely, or like they're going through something difficult. You begin to feel that familiar moment of tension: "Should I do something?"

But then come the questions:

- What if I don't know what they really need?
- What if I make things worse?
- What if I get taken advantage of?

What do you do in that moment? Step in? Walk away? Or is there a wiser way to respond? **What would Jesus do?**



When he saw the crowds, he had compassion on them, because they were harassed and helpless, like sheep without a shepherd.

MATTHEW 9:36



HOW TO LOVE LIKE JESUS...

WHEN PEOPLE ARE TRULY IN NEED

DAY 1 | SEE PEOPLE

 So from now on we regard no one from a worldly point of view.

2 CORINTHIANS 5:16A

Jesus noticed people often overlooked by others. He saw their pain, loneliness, struggles, and deeper needs.

Many times, we move through life so focused on ourselves, our schedules, and our responsibilities that we fail to truly see the people around us.

Loving like Jesus begins by slowing down, paying attention, and truly noticing people.

ADDITIONAL SCRIPTURES

- Matthew 9:36
- Philippians 2:4
- Proverbs 14:21

REFLECTION QUESTIONS

- 1** Who around you may be hurting quietly?
- 2** How can you become more attentive to others' needs?



JOURNAL

Think about someone who may need encouragement this week and brainstorm ways to show them compassion.



PRAYER

“God, open my eyes to the needs and struggles of people around me.”

HOW TO LOVE LIKE JESUS...

WHEN PEOPLE ARE TRULY IN NEED

DAY 2 | SHOW COMPASSION

But a Samaritan, as he traveled, came where the man was; and when he saw him, he took pity on him. He went to him and bandaged his wounds, pouring on oil and wine. Then he put the man on his own donkey, brought him to an inn and took care of him.

LUKE 10:33–34

The Good Samaritan wasn't the only person who noticed the hurting man. He was, however, the only one who stopped to help him.

Real compassion is more than a feeling; it moves us to act. It draws us toward people instead of away from them. Loving like Jesus often means taking practical steps to care for others.

ADDITIONAL SCRIPTURES

- James 2:15-17
- Proverbs 3:27
- Hebrews 13:16

REFLECTION QUESTIONS

- 1 What keeps you from helping others sometimes?
- 2 What practical act of compassion can you show to someone in need this week?



JOURNAL Write about a need you feel God is leading you to respond to.



PRAYER

“Lord, help me move toward people who are hurting.”

HOW TO LOVE LIKE JESUS...

WHEN PEOPLE ARE TRULY IN NEED

DAY 3 | MEET NEEDS

 Then Peter said, “Silver or gold I do not have, but what I do have I give you. In the name of Jesus Christ of Nazareth, walk.

ACTS 3:6

People may be asking for one thing, yet needing something else entirely.

Peter did not simply give the beggar money; he responded to the man’s greater need.

Loving like Jesus means looking beyond surface-level needs in order to respond with both wisdom *and* compassion.

ADDITIONAL SCRIPTURES

- Isaiah 1:17
- Psalm 146:7-9
- Matthew 25:40

REFLECTION QUESTIONS

- 1** Are you willing to look beyond surface problems to understand people’s deeper needs?
- 2** What does it look like to help people in ways that truly honor God?



JOURNAL

How can you become more attentive to the deeper needs people may be carrying?



PRAYER

“Jesus, help me respond to people with both wisdom and compassion.”

HOW TO LOVE LIKE JESUS...

WHEN PEOPLE ARE TRULY IN NEED

DAY 4 | BE PRESENT

 Rejoice with those who rejoice; mourn with those who mourn.

ROMANS 12:15

Sometimes the greatest gift we can offer someone is simply our presence.

Jesus wept with hurting people, listened to them, and walked beside them.

Sometimes loving like Jesus means simply being willing to sit with people in their pain.

ADDITIONAL SCRIPTURES

- John 11:35
- Galatians 6:2
- Ecclesiastes 4:9-10

REFLECTION QUESTIONS

- 1** Who in your life may simply need someone willing to listen, to care, or simply sit beside them?
- 2** Why is presence sometimes more powerful than words?



JOURNAL

Reflect on a time when someone's presence helped you through a difficult season. What made it meaningful?



PRAYER

"God, help me learn to slow down in order to be truly present for others when they're hurting."

HOW TO LOVE LIKE JESUS...

WHEN PEOPLE ARE TRULY IN NEED

DAY 5 / OFFER HOPE

Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God.

2 CORINTHIANS 1:3-4

People often have physical, emotional, and spiritual needs all at once.

While Jesus cared about physical needs, He also continually pointed people toward something greater - a restored relationship with God and the lasting hope found in Him.

Loving like Jesus means helping people in practical ways while also pointing them toward the hope and life only Christ can provide.

ADDITIONAL SCRIPTURES

- John 6:35
- Matthew 11:28
- 1 Peter 1:3-4

REFLECTION QUESTIONS

- 1 How can you point people toward hope?
- 2 What needs around you may be deeper than they first appear?



JOURNAL

How can practical compassion open the door to sharing the hope of Christ and who in your life needs that right now?



PRAYER

“Lord, help me bring both practical help and spiritual hope to others.”



WEEK WRAP-UP

HEART CHECK

What did God teach you this week about compassion? Do you tend to overlook people in need or move toward them?

INSTEAD OF THIS...

-  Ignoring needs
-  Indifference
-  Distance
-  Distraction



CHOOSE THIS...

-  Compassion
-  Action
-  Presence
-  Attentiveness



THIS WEEK'S PRACTICE

Intentionally look for one person in need - someone hurting or overlooked - and then seek to meet their true need.

FINAL THOUGHT & PRAYER

Loving like Jesus isn't just about what we believe. It's about how we respond when we see need. When we slow down, pay attention, and respond with compassion, presence, and hope, we begin to reflect His heart more clearly to the people around us.

*"God, open my eyes to the needs around me.
Help me reflect Your heart through the way I care for others."*

WEEK 6 - SCRIPTURES

Exodus 20:8-10

⁸ "Remember the Sabbath day by keeping it holy. ⁹ Six days you shall labor and do all your work, ¹⁰ but the seventh day is a sabbath to the Lord your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your animals, nor any foreigner residing in your towns."

Psalms 23:2-3

² "He makes me lie down in green pastures,
he leads me beside quiet waters,
³ he refreshes my soul.
He guides me along the right paths
for his name's sake."

Proverbs 4:23

"Above all else, guard your heart, for everything you do flows from it."

Proverbs 29:25

"Fear of man will prove to be a snare, but whoever trusts in the Lord is kept safe."

Isaiah 40:31

"but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint."

Matthew 6:33

"But seek first his kingdom and his righteousness, and all these things will be given to you as well."

Matthew 11:28-30

²⁸ "Come to me, all you who are weary and burdened, and I will give you rest. ²⁹ Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. ³⁰ For my yoke is easy and my burden is light."

Matthew 22:37-39

³⁷ "Jesus replied: "'Love the Lord your God with all your heart and with all your soul and with all your mind.' ³⁸ This is the first and greatest commandment. ³⁹ And the second is like it: 'Love your neighbor as yourself.'"

Mark 1:35-38

³⁵ "Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed. ³⁶ Simon and his companions went to look for him, ³⁷ and when they found him, they exclaimed: "Everyone is looking for you!" ³⁸ Jesus replied, "Let us go somewhere else—to the nearby villages—so I can preach there also. That is why I have come."

Mark 6:31

"Then, because so many people were coming and going that they did not even have a chance to eat, he said to them, "Come with me by yourselves to a quiet place and get some rest."

Luke 4:42-43

⁴² "At daybreak, Jesus went out to a solitary place. The people were looking for him and when they came to where he was, they tried to keep him from leaving them. ⁴³ But he said, "I must proclaim the good news of the kingdom of God to the other towns also, because that is why I was sent."

Luke 5:15-16

¹⁵ "Yet the news about him spread all the more, so that crowds of people came to hear him and to be healed of their sicknesses. ¹⁶ But Jesus often withdrew to lonely places and prayed."

Luke 6:33

"And if you do good to those who are good to you, what credit is that to you? Even sinners do that."

Acts 5:29

"Peter and the other apostles replied: 'We must obey God rather than human beings!'"

Galatians 1:10

"Am I now trying to win the approval of human beings, or of God? Or am I trying to please people? If I were still trying to please people, I would not be a servant of Christ."

Philippians 1:9-10

⁹ "And this is my prayer: that your love may abound more and more in knowledge and depth of insight, ¹⁰ so that you may be able to discern what is best and may be pure and blameless for the day of Christ,"

Colossians 3:23

"Whatever you do, work at it with all your heart, as working for the Lord, not for human masters,"

James 1:5

"If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you."

WEEK 6 LOVE LIKE JESUS... BUT STILL SAY NO



Loving people is good. So is helping others and serving. Saying “yes” can be a beautiful thing. But what happens when it all becomes too much?

We start to feel stretched thin. Overcommitted. Exhausted.

And sometimes we begin to wonder: “Is it okay to say no?”

Many people feel guilty saying no. We worry that boundaries will appear selfish or unloving. However, when we look at Jesus, we see something surprising.

He didn’t meet every need and every request. In fact, Jesus often stepped away from crowds in order to protect His priorities and stay focused on what the Father called Him to do.

In Mark 1:35–38, when people were searching for Him, Jesus chose to move on to the next place. Not because He didn’t care; because He was following the Father’s will.

So, we ask: **Is it possible to love like Jesus...and still say no?**

This week, we’ll explore how loving like Jesus includes setting healthy boundaries.

Before beginning Part 6, watch the **sixth** video in the “How to Love Like Jesus” series playlist on the **KYB - Know Your Bible YouTube Channel**.

www.youtube.com/

[@KYB-Know-Your-Bible](https://www.youtube.com/@KYB-Know-Your-Bible)

THIS WEEK’S SITUATION

You’ve had an exhausting week yet someone else is coming and demanding more of your time, energy, or attention. What they need help with is a good thing! Nevertheless, you know saying yes to this means something else will suffer.

Do you say yes and stretch yourself thinner? Say no and feel guilty? Is there a better way? **Can saying no actually be loving?**

“

But Jesus often withdrew to lonely places and prayed.

LUKE 5:16

”

HOW TO LOVE LIKE JESUS... BUT STILL SAY NO

DAY 1 | SET PRIORITIES

...and when they found him, they exclaimed: “Everyone is looking for you!” Jesus replied, “Let us go somewhere else—to the nearby villages—so I can preach there also. That is why I have come.

MARK 1:37–38

Jesus did not meet every demand people placed on Him. Instead, He stayed focused on the mission the Father had given Him.

Sometimes loving wisely means saying no to *good* things so we can say yes to the *right* things. Loving like Jesus means allowing God’s priorities to guide our decisions.

ADDITIONAL SCRIPTURES

- Matthew 6:33
- Luke 4:42-43
- Galatians 1:10

REFLECTION QUESTIONS

- 1 Do you feel responsible for meeting every need around you?
- 2 What might it look like to follow God’s direction instead of pressure?



JOURNAL

Where might God be calling you to set healthier boundaries in your life, just as He did in today’s verse.



PRAYER

“God, help me follow Your direction in order to focus on what matters most.”

HOW TO LOVE LIKE JESUS... BUT STILL SAY NO

DAY 2 / SEEK SOLITUDE

Yet the news about him spread all the more, so that crowds of people came to hear him and to be healed of their sicknesses. But Jesus often withdrew to lonely places and prayed.

LUKE 5:15-16

As demands increased, Jesus did not speed up and try to do everything. Instead, He stepped away. He withdrew to pray and made time with the Father a priority.

If Jesus needed regular time alone with God, so do we. Loving like Jesus means knowing when to step back, slow down, and seek God.

ADDITIONAL SCRIPTURES

- Matthew 11:28-30
- Mark 1:35
- Mark 6:31

REFLECTION QUESTIONS

- 1 Is time with God a priority in your life?
- 2 What in your life most often competes with your alone time with God?



JOURNAL What are some ways you can better protect time with God?



PRAYER

“Lord, help me value and prioritize time with You.”

HOW TO LOVE LIKE JESUS... BUT STILL SAY NO

DAY 3 / CHOOSE REST

 Then, because so many people were coming and going that they did not even have a chance to eat, he said to them, “Come with me by yourselves to a quiet place and get some rest.

MARK 6:31

Sometimes we act as though constantly staying busy is a sign of faithfulness. But, the fact of the matter is, God didn't design us to live exhausted and overwhelmed all the time.

Rest is not laziness. It is part of living wisely and faithfully. Loving like Jesus includes recognizing our limits and making room for renewal.

ADDITIONAL SCRIPTURES

- Psalm 23:2-3
- Exodus 20:8-10
- Isaiah 40:31

REFLECTION QUESTIONS

- 1** Do you regularly make time for rest?
- 2** What is the biggest culprit keeping you from slowing down?



JOURNAL

Write about practical ways you can create healthier rhythms that keep you aligned with God.



PRAYER

“God, teach me to rest in You.”

HOW TO LOVE LIKE JESUS... BUT STILL SAY NO

DAY 4 / PLEASE GOD

Am I now trying to win the approval of human beings, or of God? Or am I trying to please people? If I were still trying to please people, I would not be a servant of Christ.

GALATIANS 1:10

It is easy to fall into people-pleasing. We become driven by the expectations and approval of other people, not wanting to disappoint others, appear selfish, or let people down.

Jesus was never controlled by pressure or people-pleasing. His life was guided by obedience to the Father. Loving like Jesus means seeking God's approval above everyone else's.

ADDITIONAL SCRIPTURES

- Proverbs 29:25
- Colossians 3:23
- Acts 5:29

REFLECTION QUESTIONS

- 1 Do you say yes out of love or out of pressure?
- 2 Where does people-pleasing show up in your life?



JOURNAL

Write about a situation where saying no may actually help you remain faithful to God's priorities.



PRAYER

"Lord, help me seek Your approval above all else."

HOW TO LOVE LIKE JESUS... BUT STILL SAY NO

DAY 5 / LOVE WISELY

 Above all else, guard your heart, for everything you do flows from it.

PROVERBS 4:23

Setting boundaries isn't selfish; it's wise. You can love people well while still protecting your time, energy, and spiritual health. In fact, healthy boundaries allow us to love others more faithfully.

Saying yes to *everything* often means giving your best to *nothing*. Loving like Jesus means caring for others wisely so you can remain faithful to God's priorities.

ADDITIONAL SCRIPTURES

- James 1:5
- Matthew 22:37-39
- Philippians 1:9-10

REFLECTION QUESTIONS

-  Where in your life do you need to set wise boundaries?
-  How can healthy boundaries help you love others more faithfully?



JOURNAL

Write about one boundary you feel God leading you to set this week.



PRAYER

"God, give me wisdom to set healthy boundaries."



WEEK WRAP-UP

HEART CHECK

What did God teach you this week about your boundaries, priorities, and healthy rhythms? Are you overextended? Saying “yes” out of guilt? Are you prioritizing what God has called you to do?

INSTEAD OF THIS...

-  Guilt
-  Overcommitting
-  People-pleasing
-  Burnout



CHOOSE THIS...

-  Wisdom
-  Balance
-  Obedience
-  Renewal



THIS WEEK'S PRACTICE

Identify one unhealthy pressure or commitment and prayerfully consider whether you need to say no. If so, do so with kindness and clarity and trust God with the outcome.

FINAL THOUGHT & PRAYER

Loving like Jesus doesn't mean doing everything. It means doing what God has called you to do. With clarity. With purpose. And, most of all, with love.

“God, give me wisdom to know when to say yes and when to say no. Help me love others in a way that reflects Your purpose for my life.”

WEEK 7 - SCRIPTURES

Psalms 23:1-3

¹ "The Lord is my shepherd, I lack nothing. ² He makes me lie down in green pastures, he leads me beside quiet waters, ³ he refreshes my soul. He guides me along the right paths for his name's sake."

Proverbs 4:23

"Above all else, guard your heart, for everything you do flows from it."

Ecclesiastes 3:1-8

"There is a time for everything, and a season for every activity under the heavens:

² a time to be born and a time to die,

a time to plant and a time to uproot,

³ a time to kill and a time to heal,

a time to tear down and a time to build,

⁴ a time to weep and a time to laugh,

a time to mourn and a time to dance,

⁵ a time to scatter stones and a time to gather them,

a time to embrace and a time to refrain from embracing,

⁶ a time to search and a time to give up,

a time to keep and a time to throw away,

⁷ a time to tear and a time to mend,

a time to be silent and a time to speak,

⁸ a time to love and a time to hate,

a time for war and a time for peace."

Isaiah 40:31

"but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint."

Isaiah 58:11

"The Lord will guide you always; he will satisfy your needs in a sun-scorched land and will strengthen your frame. You will be like a well-watered garden, like a spring whose waters never fail."

Matthew 6:33

"But seek first his kingdom and his righteousness, and all these things will be given to you as well."

Matthew 11:28

"Come to me, all you who are weary and burdened, and I will give you rest."

Mark 6:31

"Then, because so many people were coming and going that they did not even have a chance to eat, he said to them, 'Come with me by yourselves to a quiet place and get some rest.'"

John 15:4-5

⁴ "Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me. ⁵ "I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing."

Romans 8:1

"Therefore, there is now no condemnation for those who are in Christ Jesus,"

2 Corinthians 12:9

"But he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness.' Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me."

Ephesians 2:8-9

"For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God— ⁹ not by works, so that no one can boast."

Philippians 4:13

"I can do all this through him who gives me strength."

Colossians 2:6-7

⁶ "So then, just as you received Christ Jesus as Lord, continue to live your lives in him, ⁷ rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness."

1 Thessalonians 3:12

"May the Lord make your love increase and overflow for each other and for everyone else, just as ours does for you."

Hebrews 4:9-10

⁹ "There remains, then, a Sabbath-rest for the people of God; ¹⁰ for anyone who enters God's rest also rests from their works, just as God did from his."

Hebrews 4:16

"Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need."

1 John 4:7-8

⁷ "Dear friends, let us love one another, for love comes from God. Everyone who loves has been born of God and knows God. ⁷ Whoever does not love does not know God, because God is love."

1 John 4:16

"And so we know and rely on the love God has for us. God is love. Whoever lives in love lives in God, and God in them."

WEEK 7

LOVE LIKE JESUS... WHEN I'M RUNNING ON EMPTY



Before beginning Part 7, watch the **seventh** video in the "How to Love Like Jesus" series playlist on the KYB - Know Your Bible YouTube Channel.

[www.youtube.com/](http://www.youtube.com/@KYB-Know-Your-Bible)

[@KYB-Know-Your-Bible](https://www.youtube.com/@KYB-Know-Your-Bible)

Life can be exhausting. Responsibilities pile up, demands increase, and even good things—like serving, helping, and caring for others—can leave us feeling drained.

It's only natural to wonder: How am I supposed to keep loving people when I have nothing left to give?

If you've ever felt that way, you're not alone. But here's an important truth: Jesus never intended for His followers to love others solely through their own strength.

In Matthew 11:28, He says: *"Come to me, all you who are weary and burdened, and I will give you rest."*

Jesus understands weariness, and He invites us to find renewed strength in Him.

So the question this week is: **How do I continue to love like Jesus when I'm running on empty?**

The answer isn't simply trying harder or doing more. It's learning to draw strength from Christ. This week, we'll discover how staying connected to Him allows us to love others even when we feel weary, overwhelmed, and empty.

THIS WEEK'S SITUATION

You're not just tired; you're exhausted. Physically, mentally, emotionally, even spiritually. You've been giving, serving, showing up, and doing your best – and now someone needs something from you *again*.

You think to yourself, "I've got nothing left to give." What do you do now? Push through and give anyway? Pull back and wrestle with guilt? Or **is there a better way?**

“

**Come to me, all you who are weary and burdened,
and I will give you rest.**

MATTHEW 11:28

”

HOW TO LOVE LIKE JESUS... WHEN I'M RUNNING ON EMPTY

DAY 1 / COME TO JESUS

 **Come to me, all you who are weary and burdened, and I will give you rest.**

MATTHEW 11:28

Jesus invites the weary not to try harder, but to come to Him. When we're exhausted, our instinct is often to push through. Jesus offers something different: rest. A rest that renews our hearts, minds, and souls.

Jesus never intended for His followers to live exhausted and spiritually depleted. Loving like Jesus begins by receiving the strength and renewal that only He can provide. Before we can pour into others, we must first receive from Him.

ADDITIONAL SCRIPTURES

- Psalm 23:1-3
- Isaiah 40:31
- John 15:5

REFLECTION QUESTIONS

- 1** What is draining you most right now?
- 2** How can you intentionally spend more time with God this week to find renewal?



JOURNAL

Write about areas in your life where God is calling you to come to Him for rest first.



PRAYER

"Jesus, help me find rest and renewed strength in You."

HOW TO LOVE LIKE JESUS...

WHEN I'M RUNNING ON EMPTY

DAY 2 / REMAIN CONNECTED

Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me. “I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing.

JOHN 15:4-5

Jesus reminded His disciples that apart from Him, they could do nothing. We often try to love, serve, and give from our own strength. Eventually though, our strength runs out, and burnout quickly follows.

That’s not how God designed us to live. We were created to remain connected to Christ, drawing our strength from Him each day. As we stay connected to Him, His life and love begin to flow through us.

ADDITIONAL SCRIPTURES

- 2 Corinthians 12:9
- Philippians 4:13
- Colossians 2:6-7

REFLECTION QUESTIONS

- 1** What helps you feel spiritually connected to God?
- 2** Where are you relying too much on your own strength?



JOURNAL

Write what it means for you to stay connected to Jesus and ways to ensure you do so each day.



PRAYER

“Lord, teach me to depend on You daily.”

HOW TO LOVE LIKE JESUS... WHEN I'M RUNNING ON EMPTY

DAY 3 | EMBRACE REST

Then, because so many people were coming and going that they did not even have a chance to eat, he said to them, “Come with me by yourselves to a quiet place and get some rest.

MARK 6:31

Jesus invited His disciples to rest after seasons of ministry and service.

Rest is not weakness or failure. It is part of God’s design. Healthy rhythms of serving and resting help us remain faithful for the long haul.

Loving like Jesus includes recognizing our limits and allowing space for renewal.

ADDITIONAL SCRIPTURES

- Isaiah 58:11
- Ecclesiastes 3:1-8
- Hebrews 4:9-10

REFLECTION QUESTIONS

- 1 In what areas of life do you find it most difficult to slow down and rest?
- 2 What kind of rest do you need most right now – physical, emotional, spiritual?



JOURNAL

How does it make you feel to know that Jesus offers you the same invitation He offered His disciples: “*Come with me by yourselves and get some rest?*”



PRAYER

“God, help me slow down and rest in You.”

HOW TO LOVE LIKE JESUS... WHEN I'M RUNNING ON EMPTY

DAY 4 | STOP STRIVING

 But seek first his kingdom and his righteousness, and all these things will be given to you as well.

MATTHEW 6:33

Sometimes we feel we must prove ourselves, and that creates pressure to constantly achieve and perform. Do more. Be more.

Jesus reminds us that our worth is not based on productivity. God's love isn't something we earn—it's something we receive.

When we place God's kingdom first, we can let go of striving and trust Him more fully.

ADDITIONAL SCRIPTURES

- Romans 8:1
- Hebrews 4:16
- Ephesians 2:8-9

REFLECTION QUESTIONS

- 1** Do you feel pressure to “do more” for God?
- 2** How can trusting God's promises bring peace and rest to your life?



JOURNAL

What is God teaching you about finding your worth in Him rather than in what you accomplish?



PRAYER

“Jesus, help me trust You and rest in Your grace, instead of constantly striving.”

HOW TO LOVE LIKE JESUS... WHEN I'M RUNNING ON EMPTY

DAY 5 / OVERFLOW INTO OTHERS

 Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God.

PROVERBS 4:23

God refreshes and strengthens us so we can encourage and care for others. He doesn't just *fill* us, He fills us to *overflowing*. That's how we are meant to love others. When our hearts are filled with His grace, His love naturally overflows into the lives of those around us.

Loving like Jesus becomes much healthier when we are first connected to Him and continually receiving from Him.

ADDITIONAL SCRIPTURES

- 1 Thessalonians 3:12
- 1 John 4:7-8
- 1 John 4:16

REFLECTION QUESTIONS

-  Are you currently loving others from a place of overflow, or is your cup in need of a refill?
-  What helps refill your spiritual and emotional strength?



JOURNAL

What have you learned this week about where true spiritual strength comes from?



PRAYER

“Lord, let Your love and strength overflow into my life and relationships.”



WEEK WRAP-UP

HEART CHECK

What did God teach you this week about rest, renewal, and depending on Him? Are you constantly running on empty? Do you need to make time to be with Jesus to refill?

INSTEAD OF THIS...

-  Striving
-  Exhaustion
-  Pressure
-  Self-reliance



CHOOSE THIS...

-  Abiding
-  Rest
-  Trust
-  Dependence on God



THIS WEEK'S PRACTICE

Create intentional space and time this week for quiet, rest, prayer, and renewal with God.

FINAL THOUGHT & PRAYER

Loving like Jesus doesn't mean running yourself into the ground to please every person and meet every need. It means staying connected to Him so you can love others from a place of strength and renewal.

*"Jesus, help me slow down, rest in You, and be filled again.
Give me what I need to love others the way You do."*

WEEK 8 - SCRIPTURES

Psalms 34:18

"The Lord is close to the brokenhearted and saves those who are crushed in spirit."

Psalms 103:10-12

¹⁰ *"he does not treat us as our sins deserve or repay us according to our iniquities."*

¹¹ *For as high as the heavens are above the earth, so great is his love for those who fear him;*

¹² *as far as the east is from the west, so far has he removed our transgressions from us."*

Proverbs 3:5

"Trust in the Lord with all your heart and lean not on your own understanding;"

Proverbs 4:23

"Above all else, guard your heart, for everything you do flows from it."

Proverbs 19:11

"A person's wisdom yields patience; it is to one's glory to overlook an offense."

Isaiah 53:3

"He was despised and rejected by mankind, a man of suffering, and familiar with pain. Like one from whom people hide their faces he was despised, and we held him in low esteem."

Micah 7:18

"Who is a God like you, who pardons sin and forgives the transgression of the remnant of his inheritance? You do not stay angry forever but delight to show mercy."

Matthew 6:14

"For if you forgive other people when they sin against you, your heavenly Father will also forgive you."

Matthew 18:21-22

²¹ *"Then Peter came to Jesus and asked, 'Lord, how many times shall I forgive my brother or sister who sins against me? Up to seven times?'"* ²² *Jesus answered, 'I tell you, not seven times, but seventy-seven times.'"*

Luke 23:34

"Jesus said, 'Father, forgive them, for they do not know what they are doing.' [a] And they divided up his clothes by casting lots."

John 15:18

"If the world hates you, keep in mind that it hated me first."

Romans 12:17-19

¹⁷ *"Do not repay anyone evil for evil. Be careful to do what is right in the eyes of everyone. ¹⁸ If it is possible, as far as it depends on you, live at peace with everyone. ¹⁹ Do not take revenge, my dear friends, but leave room for God's wrath, for it is written: 'It is mine to avenge; I will repay,'" says the Lord."*

Ephesians 4:31-32

³¹ *"Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. ³² Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."*

Colossians 3:13

"Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you."

Hebrews 4:15

"For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet he did not sin."

Hebrews 12:15

"See to it that no one falls short of the grace of God and that no bitter root grows up to cause trouble and defile many."

James 1:5

"If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you."

WEEK 8

LOVE LIKE JESUS... WHEN I'VE BEEN HURT



Being hurt is, unfortunately, a part of life. We will all deal with it at some point or another...betrayal, disappointment, broken trust, even “church hurt.” Forgiveness can feel impossible when the pain is deep and caused by someone you love and trust.

It's human nature to think:

- “They don't deserve my forgiveness.”
- “What if they hurt me again?”
- “How do I let go without pretending it was okay?”

So, again, we look to Christ for the example and, once again, we see something remarkable. In Luke 23:34, as He was being crucified, He prayed: “*Father, forgive them...*”

That kind of love is hard to understand and even harder to live.

So, what does it look like to love like Jesus... even when we've been hurt deeply?

This week, we'll examine how Jesus responded to hurt and learn how forgiveness brings freedom.

Before beginning Part 8, watch the **eighth** video in the “How to Love Like Jesus” series playlist on the KYB - Know Your Bible YouTube Channel.

[www.youtube.com/
@KYB-Know-Your-Bible](http://www.youtube.com/@KYB-Know-Your-Bible)

THIS WEEK'S SITUATION

Someone hurt you deeply. Maybe it was recent. Maybe it's something you've carried for years. They haven't apologized, and you're not even sure they fully understand the pain they've caused. Part of you wants to hold on to the hurt, but you know you are called to forgive.

What do you do? Continue carrying the pain? Forgive but not forget? **How do you love like Jesus when forgiveness feels this difficult?**

“

Jesus said, ‘Father, forgive them, for they do not know what they are doing.

LUKE 23:34

”

HOW TO LOVE LIKE JESUS...

WHEN I'VE BEEN HURT

DAY 1 / CHOOSE FORGIVENESS

For if you forgive other people when they sin against you, your heavenly Father will also forgive you. But if you do not forgive others their sins, your Father will not forgive your sins.

MATTHEW 6:14

Forgiveness is difficult because the pain is real. When someone hurts us, our natural instinct is often to protect ourselves, hold onto resentment, or wait until the other person makes things right.

Once again, Jesus calls us to something better. He calls us to forgive—not because the hurt didn't matter, and not because the other person has earned it, but because we have been forgiven by God. Forgiveness releases the debt someone owes us and entrusts the situation to God.

ADDITIONAL SCRIPTURES

- Ephesians 4:31-32
- Colossians 3:13
- Romans 12:19

REFLECTION QUESTIONS

- 1** Are there certain “wrongs” you find it more difficult to forgive?
- 2** When you think about God's forgiveness toward you, what stands out most?



JOURNAL

Has today's scripture revealed an area of your life where you need to take a step toward forgiveness?



PRAYER

“God, help me forgive, just as You have forgiven me.”

HOW TO LOVE LIKE JESUS...

WHEN I'VE BEEN HURT

DAY 2 / ENTRUST YOUR HURT

For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet he did not sin.

HEBREWS 4:15

Jesus understands what it feels like to be hurt by others. He experienced betrayal, rejection, mockery, and deep emotional pain.

Because He suffered, He understands our hurt completely. When we bring our pain to Jesus, we will find comfort, compassion, and strength.

ADDITIONAL SCRIPTURES

- Isaiah 53:3
- John 15:18
- Psalm 34:18

REFLECTION QUESTIONS

- 1 How does knowing Jesus understands pain encourage you?
- 2 Do you honestly take your hurt to God for help? Why or why not?



JOURNAL

What is God teaching you about bringing your pain to Him instead of carrying it alone?



PRAYER

“Jesus, You understand my pain. Help me bring it to You with trust.”

HOW TO LOVE LIKE JESUS...

WHEN I'VE BEEN HURT

DAY 3 / RELEASE BITTERNESS

Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

EPHESIANS 4:31–32

Bitterness often grows slowly when hurt is left unresolved and forgiveness is withheld. God calls us to release anger, resentment, and the desire for revenge because those things eventually damage our hearts.

Forgiveness is not pretending the hurt never happened. It is trusting God to handle what we cannot change and choosing to not let pain control us.

ADDITIONAL SCRIPTURES

- Hebrews 12:15
- Romans 12:17-18
- Proverbs 19:11

REFLECTION QUESTIONS

- 1 Search your heart. Is God revealing any resentment you are still carrying?
- 2 How has unresolved hurt affected you?



JOURNAL

Reflect and pray honestly for God to reveal areas where bitterness may still exist.



PRAYER

“Lord, help me release bitterness and choose forgiveness.”

HOW TO LOVE LIKE JESUS...

WHEN I'VE BEEN HURT

DAY 4 / GUARD YOUR HEART

 Above all else, guard your heart, for everything you do flows from it.

PROVERBS 4:23

It is possible to forgive someone fully and still set healthy boundaries.

Forgiveness and trust are not always the same thing. Forgiveness can be given immediately. Trust is rebuilt over time.

Loving like Jesus means extending grace while also guarding your heart with wisdom.

ADDITIONAL SCRIPTURES

- Proverbs 3:5
- Romans 12:18
- James 1:5

REFLECTION QUESTIONS

- 1** Why is it important to separate forgiveness from trust?
- 2** What healthy boundaries may still be necessary after extending forgiveness?



JOURNAL

As you reflect on today's lesson, where might God be calling you to grow in either forgiveness or healthy boundaries?



PRAYER

“God, give me wisdom to forgive and discernment to set appropriate boundaries.”

HOW TO LOVE LIKE JESUS...

WHEN I'VE BEEN HURT

DAY 5 / FIND FREEDOM

 Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.

COLOSSIANS 3:13

Forgiveness doesn't just release the other person; it frees you. Holding onto hurt often keeps us trapped in anger and pain. Forgiveness, on the other hand, opens the door to healing, freedom, and peace.

When we remember how much God has forgiven us, we find the strength to forgive others. Loving like Jesus means extending the same grace we have received. It's not easy. But it is worth it.

ADDITIONAL SCRIPTURES

- Matthew 18:21-22
- Micah 7:18
- Psalm 103:10-12

REFLECTION QUESTIONS

- 1** What step toward forgiveness is God calling you to take?
- 2** What does God's forgiveness teach you about how He sees you?



JOURNAL

What lessons has God taught you about forgiveness through this week's study?



PRAYER

"Jesus, help me walk in freedom through forgiveness."



WEEK WRAP-UP

HEART CHECK

What did God teach you this week about forgiveness, healing, and grace? Is there a hurt you're holding onto that you need to release? Are you ready to trust God with that pain?

INSTEAD OF THIS...

-  Bitterness
-  Revenge
-  Resentment
-  Holding on



CHOOSE THIS...

-  Choose forgiveness
-  Choose grace
-  Choose healing
-  Choose freedom



THIS WEEK'S PRACTICE

Spend time praying honestly about a hurt or relationship where forgiveness feels difficult. Then take one step forward – pray for the person who hurt you, release the offense to God, and choose to let go.

FINAL THOUGHT & PRAYER

Loving like Jesus is never easy. However, it's most powerful in the situations where it's the hardest. When you forgive and choose grace, you reflect Jesus in a way the world can't ignore.

*"Jesus, help me forgive as You have forgiven me.
Heal what's been broken, and lead me into freedom."*

CLOSING REFLECTION

LEARNING TO LOVE LIKE JESUS

Over the past eight lessons, you have explored what it means to love like Jesus in some of life's most challenging situations. You have considered how to respond when:

- Everyone is fighting
- You strongly disagree
- Sin is being celebrated
- People are truly in need
- You need to say no
- You are running on empty
- You have been hurt

One thing should be clear by now: loving like Jesus does not come naturally to our human nature. It requires humility, wisdom, courage, grace, and a continual dependence on God.

The good news is that Jesus never asks us to love others through our own strength alone. As we stay connected to Him, He shapes our hearts, changes our perspectives, and teaches us to love in ways that reflect His character.

This study was never simply about learning new information or striving to love better. It was about becoming more like Christ.

KEY TAKEAWAYS

- Love is a choice, not merely a feeling.
- Truth and grace must work together.
- People matter more than winning arguments.
- Compassion moves us toward those in need.
- Healthy boundaries and wise priorities help us love faithfully.
- We cannot pour into others when we are disconnected from Christ.
- Forgiveness frees our hearts from bitterness.
- Loving like Jesus requires both courage and humility.

FINAL REFLECTION

1. What lesson from this study impacted you the most?
2. In what area of your life is God calling you to love more like Jesus?
3. Which of these eight situations do you find most challenging?
4. What practical step can you take this week to better reflect the love of Christ?

FINAL ENCOURAGEMENT

Jesus did not simply tell us how to love. He showed us how to do it.

He loved people who disagreed with Him. He loved people caught in sin. He loved people who were hurting, overlooked, and broken. He loved those who misunderstood Him, betrayed Him, and ultimately crucified Him.

And He loves *you*.

As you continue following Christ, remember that loving like Jesus is not about perfection. It is about daily surrender to the One who shows perfect love. Each day is another opportunity to receive His grace, follow His example, and reflect the love He gives you to the people around you.

Keep your eyes on Jesus. Stay connected to Him. Trust Him to keep shaping your heart. And wherever God places you, seek to love like Jesus... today.

KYB INVITATION

A PERSONAL INVITATION FROM KYB

Keep your momentum in God's word going! We'd love to continue studying with you. You can request an in-depth Bible study, supported by a KYB Study Helper, by completing the form at www.knowyourbible.com/biblestudyrequest. Studies are available online or can be sent to you via USPS mail, whichever you prefer. We look forward to continuing to meet you in the pages of God's word.

In addition, Know Your Bible has created several similar studies that pair a series of videos on YouTube with devotional materials like this workbook. To check out our other study courses, visit the KYB YouTube channel - www.youtube.com/@KYB-Know-Your-Bible/courses and, while you're there, be sure to Subscribe to see similar content each week filled with helpful, Biblical advice.

ABOUT KYB – KNOW YOUR BIBLE

Know Your Bible exists to teach God's word to truth-seekers worldwide, empowering them to understand scripture and live confidently for Christ.

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SMALL GROUP DISCUSSION GUIDE

WELCOME, LEADER

Thank you for leading this study. Whether you've led groups before or this is your first time, your role matters more than you think. However, don't let that intimidate you because:

1. You don't have to have all the answers.
2. You don't have to be the most knowledgeable person in the room.

Your role is simple: **Create a space where people can grow, reflect, and learn to love like Jesus together.**

HOW TO USE THIS DISCUSSION GUIDE

This guide is designed to help you facilitate meaningful, Scripture-centered discussion using the "How to Love Like Jesus" video series as the basis. You do not need to be an expert teacher to lead well. Your role is to guide conversation, create space for reflection, and help participants engage honestly with Jesus' teaching.

Each week corresponds with one video or main teaching session and is supported by a primary idea, discussion questions, and additional study scriptures. Together, these tools help groups move beyond information into transformation.

HOW EACH WEEK FLOWS

Each session is built around a simple rhythm:

1. **Watch (or review the content)**
2. **Discuss together**
3. **Reflect personally during the week**
4. **Apply one practical step**

RECOMMENDED 45–50 MINUTE SESSION FLOW

1. Welcome & Opening Prayer (5 minutes)

- Welcome everyone
- Brief check-in (How has your week been?)
- Opening prayer

2. Video Viewing (5-10 minutes)

- Watch the video together
- Encourage participants to listen for what stands out or challenges them.

SMALL GROUP DISCUSSION GUIDE

3. Initial Reflection (5 minutes)

Use one simple opening question, such as:

- “What stood out to you from the video?”
- “Was there a phrase or idea that stayed with you?”

This helps ease people into discussion.

4. Small Group Discussion (20 minutes)

- Refer to the **main devotional** from the week for additional context.
- Consider **choosing 2–3 discussion questions** from the week’s content—you do not need to cover everything.

Helpful tips:

- Allow silence. Reflection takes time.
- Encourage participation, but don’t force it.
- Affirm honesty and vulnerability.

If discussion slows, you can ask:

- “How does this teaching challenge the way we usually think?”
- “What might obedience look like in everyday life?”

5. Application & Prayer (10 minutes)

- Invite participants to share one takeaway or next step.
- Close with the **final thought & prayer from the week's content**, or have someone pray.

PURPOSE OF THIS STUDY

This series is designed to help people answer one central question:

“What does it actually look like to love like Jesus...in real life?”

Each week focuses on situations we all face:

- conflict
- disagreement
- boundaries
- exhaustion
- hurt

The goal is not just gaining an understanding of how Jesus loved, but transformation within us in order to be able to love as He did.

SMALL GROUP DISCUSSION GUIDE

LEADER REMINDERS

- **You are facilitating, not fixing.** Let Scripture do the heavy lifting.
- **Avoid debates.** Focus on understanding and application, not winning arguments.
- **Model humility.** Share honestly when appropriate.
- **Listen more than you talk.** Avoid turning it into a lecture.
- **Keep grace central.** Obedience flows from relationship, not pressure.
- **Keep the group focused.** Conversation is good, but it's easy to get off track.
- **Gently guide the conversation.** Don't rush through meaningful moments.

CREATING A HEALTHY DISCUSSION ENVIRONMENT

For the best experience, leaders should aim to create a space that is:

- **Grace-filled** - no one is judged for where they are in their faith
- **Scripture-centered** - God's Word is the final authority
- **Safe and welcoming** - honesty is encouraged
- **Gospel-focused** - every conversation returns to Jesus and His work

Growth happens best where people feel safe enough to be honest and supported enough to take steps of faith.

HELPFUL TIPS FOR LEADERS

- You don't need to answer every question. Choose the ones that best fit your group.
- Allow silence - it often means people are thinking deeply.
- Affirm all honest contributions, even when they are still forming.
- Gently redirect if conversations drift away from the gospel.
- Keep the focus on **what God is doing**, not on debating secondary issues.

HANDLING DIFFICULT MOMENTS

Some topics (especially Weeks 3, 4, and 8) may bring strong emotions. If that happens:

1. **Acknowledge it** – “That’s a real and important struggle.”
2. **Slow down** – Give space instead of moving on too quickly.
3. **Point back to Jesus** – Keep the focus on:
 - His example
 - His grace
 - His truth

SMALL GROUP DISCUSSION GUIDE

KEEP THE BALANCE

Throughout the study, help your group avoid extremes:

- truth without love
- love without truth
- overextending vs. withdrawing
- holding onto hurt vs. ignoring wisdom

Remind them often: **Jesus shows us a better way.**

ENCOURAGE THE WEEKLY PRACTICE

Growth happens **between meetings**, not just during them. Each week, challenge your group:

- Try the practice
- Reflect honestly
- Come back ready to share

PRAY FOR YOUR GROUP

Pray:

- for openness
- for growth
- for real-life change

Even simple prayers make a difference.

HOW TO USE THE DISCUSSION QUESTIONS EFFECTIVELY

The discussion questions are intentionally designed to:

- Draw participants into personal reflection
- Encourage biblical engagement
- Foster honest conversation
- Lead toward life application

Every lesson, bring the group back to this: ***We're not just learning about love—we're learning to live it.***

FINAL ENCOURAGEMENT

You don't have to lead perfectly. God will use:

- your presence
- your consistency
- your willingness to care...

to make a real impact in the lives of others. If you do your part, God will do the rest.

LEADER'S PRAYER

"God, thank You for the opportunity to lead this group. Give me wisdom, patience, and humility. Help me create a space where people feel safe to grow, and guide us all to better understand what it means to love like Jesus."

SMALL GROUP DISCUSSION GUIDES

WEEK 1 | WHEN EVERYONE IS FIGHTING

BIG IDEA

You don't have to join the fight to follow Jesus.

Loving like Jesus means becoming a peacemaker, not a participant in conflict.

KEY SCRIPTURES

- Matthew 5:9
- Luke 6:27-28

DISCUSSION FOCUS

- Where do you see the most conflict in your life right now?
- Do you tend to escalate, avoid, or bring peace?
- What does being a peacemaker actually look like in real situations?

WATCH FOR

- People venting without moving toward application
- Over-simplifying conflict ("just be nice")
- Avoiding personal responsibility

LEADER EMPHASIS

- Peacemaking ≠ avoiding truth
- Peacemaking = responding with love, restraint, and intentionality

APPLICATION CHALLENGE

Encourage each person to: Choose one conflict this week and respond differently.

SMALL GROUP DISCUSSION GUIDES

WEEK 2 | WHEN I STRONGLY DISAGREE

BIG IDEA

You don't have to win the argument to love like Jesus.

KEY SCRIPTURES

- Matthew 5:44
- Philippians 2:3-4

DISCUSSION FOCUS

- What kinds of disagreements are hardest for you?
- Do you feel the need to be "right"?
- What would it look like to prioritize people over winning?

WATCH FOR

- Debates breaking out in the group
- People defending positions instead of reflecting
- Turning discussion into "who's right"

LEADER EMPHASIS

Shift from: *"How do I prove my point?"* to *"How do I love this person?"*

APPLICATION CHALLENGE

Pause before responding in a disagreement this week.

SMALL GROUP DISCUSSION GUIDES

WEEK 3 | WITHOUT APPROVING OF OTHERS' ACTIONS

BIG IDEA

You don't have to choose between truth and love—Jesus didn't.

KEY SCRIPTURES

- Ephesians 4:15
- John 8:1-11

DISCUSSION FOCUS

- Where do you feel tension between truth and love?
- Do you lean more toward silence or harshness?
- What does “grace and truth” look like in real life?

WATCH FOR

- Conversations becoming judgmental
- People feeling pressured or defensive
- Oversimplifying complex situations

LEADER EMPHASIS

Jesus:

- met people where they were
- but didn't leave them there

APPLICATION CHALLENGE

Identify one relationship where this tension exists and consider what it would look like to love the person without affirming their actions.

SMALL GROUP DISCUSSION GUIDES

WEEK 4 | WHEN SIN IS BEING CELEBRATED

BIG IDEA

Truth without love becomes harsh. Love without truth becomes compromise. Jesus calls us to both.

KEY SCRIPTURES

- Isaiah 5:20
- 1 Corinthians 13:6

DISCUSSION FOCUS

- Where do you feel this tension most (culture, media, etc.)?
- When should you speak—and when shouldn't you?
- How can you respond with both conviction and compassion?

WATCH FOR

- Political debates
- Harsh or reactive language
- Fear-based responses

LEADER EMPHASIS

Not every moment requires a response; but every response should reflect Jesus

APPLICATION CHALLENGE

When you encounter something that conflicts with God's truth, ask: "What would love look like here?" before reacting.

SMALL GROUP DISCUSSION GUIDES

WEEK 5 | WHEN PEOPLE ARE TRULY IN NEED

BIG IDEA

Loving like Jesus means seeing people's true needs and responding with compassion.

KEY SCRIPTURES

- Matthew 9:36
- Luke 10:33

DISCUSSION FOCUS

- What kinds of need are hardest for you to respond to?
- What holds you back from helping?
- How do you balance compassion and wisdom?

WATCH FOR

- Guilt-driven responses
- Overpromising ("I'll help everyone")
- Avoiding action entirely

LEADER EMPHASIS

Compassion is not just feeling—it moves toward action

APPLICATION CHALLENGE

Identify one person in need and take a step toward them.

SMALL GROUP DISCUSSION GUIDES

WEEK 6 | BUT STILL SAY NO

BIG IDEA

Saying “no” doesn’t make you unloving. In fact, it can help you love better.

KEY SCRIPTURES

- Mark 1:37-38
- Galatians 1:10

DISCUSSION FOCUS

- Where do you struggle to say no?
- What fears are tied to it?
- How do you distinguish good vs. best?

WATCH FOR

- People justifying selfishness
- People feeling guilt for boundaries
- Confusion about priorities

LEADER EMPHASIS

Jesus didn’t meet every need—He followed God’s purpose

APPLICATION CHALLENGE

Say “no” to one thing that isn’t aligned with your priorities.

SMALL GROUP DISCUSSION GUIDES

WEEK 7 | WHEN I'M RUNNING ON EMPTY

BIG IDEA

You can't pour out what you're not taking in.

KEY SCRIPTURES

- Matthew 11:28
- John 15:4-5

DISCUSSION FOCUS

- Where are you most exhausted right now?
- What keeps you from resting?
- What does “abiding” in Jesus look like?

WATCH FOR

- People minimizing burnout
- Over-spiritualizing exhaustion
- Avoiding practical changes

LEADER EMPHASIS

Rest is not weakness—it's part of how we follow Jesus

APPLICATION CHALLENGE

Create intentional space to rest and reconnect with God.

SMALL GROUP DISCUSSION GUIDES

WEEK 8 | WHEN I'VE BEEN HURT

BIG IDEA

Forgiveness doesn't excuse the past—it frees your future.

KEY SCRIPTURES

- Luke 23:34
- Romans 12:19

DISCUSSION FOCUS

- What makes forgiveness difficult?
- How has hurt affected you?
- What does forgiveness (with wisdom) look like?

WATCH FOR

- Deep emotional responses (be ready to slow down)
- People feeling pressured to “move on quickly”
- Confusion between forgiveness and trust

LEADER EMPHASIS

Forgiveness is a process—not a one-time feeling

APPLICATION CHALLENGE

Take one step toward forgiveness this week.

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